

WING WOMEN
April , 2013
LAURA FOTI - LIVERAKOS

Interview conducted by Elizabeth Athanassiadis

*Founder of **BirthVoice**, a grassroots organization for expectant mothers residing in Greece, **Laura Foti – Liverakos** has had a mission for the past seven years; to inform, encourage, support , and empower women and to assist in facilitating the childbirth that women desire. Consecutively, **BirthVoice** aims to make women aware of their legal rights and childbirth options. As a mother of four daughters and a proverbial ‘ miracle of modern motherhood” ,the home birth of her fourth child was the revelation that provided the impetus for the founding of **BirthVoice**. The women Laura has met who stood up for what they wanted and found a way to achieve their goals no matter how challenging have been her inspirational role models along with the seven generations of strong and courageous women who comprise her family bloodline. A firm believer in Eleanor Roosevelt’s philosophy “ today is a gift”, Laura lives her life in the present moment with the belief that one should always see the positive side of every situation. **The Power of Now** by Eckhart Tolle is a book that has inspired and motivated Laura and one she encourages WING women to read .*

*Relevant sites for **BirthVoice** and **La Leche International – Greece***

www.birthvoice.gr
www.llgreece.org

*Laura Foti – Liverakos has requested that photographic portraits or photographs of **BirthVoice** meetings not be included in the WING magazine. You might want to include the logo of **BirthVoice** found on the website mentioned .*